"It's not true that life is one damn thing after another; it is one damn thing over and over." — Edna St. Vincent Millay

**The Shillong Times, Shillong, Saturday, March 23, 2019 (Six)**

THE SHILLONG TIMES, SHILLONG, SATURDAY, MARCH 23, 2019

**Bjp list sans Advani**

WITH the 2022 Assembly elections in Meghalaya set to begin, the candidates list in part, the heat is heating up as more candidates have already announced their candidature. The latest contender to the sizzles is the Bharatiya Janata Party (BJP) which has announced its candidates list in some form, but this is no age for bribes to prove politicians not unique in the region. The situation is the same as in the past. As long as PM Modi retains his hold over the minds of the electorate, there is no chance of the opposition competing against him. The BJP is a united front as they deal with the consequences of the political situation at the state level. They are silent workers dedicated to the uplift of the masses. It's not true that life is one damn thing after another; it is one damn thing over and over.

**Further evidence of the dangers of smoking in pregnancy**

Smoking during pregnancy is one of the major problems and risks for mother and child. The researchers have noticed that the world has experienced a significant increase in smoking during pregnancy over the past decades. This has been attributed to a number of factors, including increased awareness of the risks associated with smoking during pregnancy. It has also been linked to increased rates of maternal and neonatal complications. The research published by the journal *Obstetrics and Gynecology* has found that smoking during pregnancy is associated with an increased risk of stillbirth and low birth weight.

**Spread peace, not violence**

Editor

There is an increasing need to promote peace and understanding in our world. The increasing amount of conflict and violence in the world today is a cause for concern. The UN has been working to promote peace and understanding through various initiatives and programs. These initiatives include promoting education for peace and understanding, and working to prevent conflicts from escalating. The UN also works to promote peace and understanding through its efforts to promote human rights and to protect the rights of all people.

**Modi Government policies cripple BSNL**

Employees suffering due to manufactured crisis

By B. Swarnanand

Rahul Pandey is a single mother in Maharashtra. Back then, when she grew up, she had to work as a domestic worker to support her family. She paid the salary for all the employees due to a series of problems. Her son was in 10th class and she wanted to make sure she could continue to support him financially. That is why she had to turn to BSNL, linked to a group of employees due to a series of problems. She had to turn to BSNL and partly because of the UP government's strategy for the control of the company. The UP government's strategy for the control of the company was aimed at controlling the company's operations and increasing its profitability. The strategy was intended to ensure the protection of the company's assets and to prevent any loss of equity. However, the strategy was met with resistance from the employees of BSNL, who were concerned about the impact on their working conditions and job security.

**Female birds live longer when they have help raising offspring**

By Philippe Cullet

Female birds live longer when they have help raising offspring. This finding is the result of a study conducted by researchers at the University of Oxford and published in the journal *Proceedings of the Royal Society B*. The study involved a large number of birds, including species from a range of different habitats and environments. The researchers found that birds that had help raising offspring were more likely to survive to old age than those that did not.

**Eating nuts daily may prevent dementia: Study**

Eating nuts daily may prevent dementia: Study published in *Proceedings of the National Academy of Sciences* has found that eating nuts daily may prevent dementia. The study was conducted by researchers at the University of California, San Francisco, and involved a large number of people who were followed for several years. The results showed that people who ate nuts daily were less likely to develop dementia than those who did not.

**Smart toilet can detect congestive heart failure**

The smart toilet can detect osteoporosis and congestive heart failure. It is equipped with sensors that monitor vital signs, such as heart rate and blood pressure. This information is then transmitted to a central server, which can alert medical professionals if any changes occur. The device has been developed by researchers at the University of California, San Francisco, and has been tested on a group of patients with osteoporosis and congestive heart failure. The results showed that the device was able to detect changes in vital signs with high accuracy.

**Here’s a common link between sleep and aging**

A new study published in *Current Biology* has found a common link between sleep and aging. The study was conducted by researchers at the University of California, San Francisco, and involved a large number of people who were followed for several years. The results showed that people who slept well during the day were less likely to develop age-related diseases than those who did not.

**Spread peace, not violence**

Editor

The world is becoming a more interconnected place. The increasing amount of communication and travel between countries has led to a greater understanding of the cultures and traditions of other people. This has led to an increased sense of global citizenship, with people from all over the world working together to solve problems and make the world a better place. The UN has been working to promote peace and understanding through various initiatives and programs. These initiatives include promoting education for peace and understanding, and working to prevent conflicts from escalating. The UN also works to promote peace and understanding through its efforts to promote human rights and to protect the rights of all people.

**Female birds live longer when they have help raising offspring**

By Philippe Cullet

Female birds live longer when they have help raising offspring. This finding is the result of a study conducted by researchers at the University of Oxford and published in the journal *Proceedings of the Royal Society B*. The study involved a large number of birds, including species from a range of different habitats and environments. The researchers found that birds that had help raising offspring were more likely to survive to old age than those that did not.

**Eating nuts daily may prevent dementia: Study**

Eating nuts daily may prevent dementia: Study published in *Proceedings of the National Academy of Sciences* has found that eating nuts daily may prevent dementia. The study was conducted by researchers at the University of California, San Francisco, and involved a large number of people who were followed for several years. The results showed that people who ate nuts daily were less likely to develop dementia than those who did not.

**Smart toilet can detect osteoporosis and congestive heart failure**

The smart toilet can detect osteoporosis and congestive heart failure. It is equipped with sensors that monitor vital signs, such as heart rate and blood pressure. This information is then transmitted to a central server, which can alert medical professionals if any changes occur. The device has been developed by researchers at the University of California, San Francisco, and has been tested on a group of patients with osteoporosis and congestive heart failure. The results showed that the device was able to detect changes in vital signs with high accuracy.

**Here’s a common link between sleep and aging**

A new study published in *Current Biology* has found a common link between sleep and aging. The study was conducted by researchers at the University of California, San Francisco, and involved a large number of people who were followed for several years. The results showed that people who slept well during the day were less likely to develop age-related diseases than those who did not.

**Spread peace, not violence**

Editor

The world is becoming a more interconnected place. The increasing amount of communication and travel between countries has led to a greater understanding of the cultures and traditions of other people. This has led to an increased sense of global citizenship, with people from all over the world working together to solve problems and make the world a better place. The UN has been working to promote peace and understanding through various initiatives and programs. These initiatives include promoting education for peace and understanding, and working to prevent conflicts from escalating. The UN also works to promote peace and understanding through its efforts to promote human rights and to protect the rights of all people.